

**Lee Anne Walmsley, PhD, EdS, MSN, RN
Curriculum Vitae**

**University of Kentucky
College of Nursing
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EDUCATION

Dates	Institution/Location	Degree/Field of Study
2015	University of Kentucky College of Nursing, Lexington, KY	PhD, Nursing
2012	University of Kentucky College of Education, Lexington, KY	PhD(c), Counseling Psychology
2006	University of Kentucky College of Education, Lexington, KY	EdS, Counseling Psychology
2003	University of Kentucky College of Nursing, Lexington, KY	MSN, Nursing
1978	University of Kentucky College of Nursing, Lexington, KY	BSN, Nursing

CURRENT LICENSURE AND CERTIFICATIONS

2020	QPR Gatekeeper Instructor Certification Program, August 27, 2020-2023
2019	Koru Mindfulness Teacher Certification Program, Durham, NC
2018	Mindfulness-Based Stress Reduction Palouse Mindfulness MBSR Course, May, Online Certification Course
2018	Mindfulness-Based Stress Reduction (MBSR), UK Health and Wellness Program, April, Lexington, KY
1979	Registered Nurse, KY, Kentucky Board of Nursing #1040514
1979	Licensed Nurse, England, Scotland, and Wales

PROFESSIONAL EXPERIENCE

Academic

Dates	Institution and Location	Title
2015-present	University of Kentucky College of Nursing Lexington, KY	Associate Professor, Chair of Work-Life and Student Wellness Council, Military and Veteran Liaison, Classroom and Clinical Instructor
2004-2015	University of Kentucky College of Nursing, Lexington, KY	Coordinator of the Second- Degree Option; Instructor; Classroom and Clinical Instructor
2003-2004	Midway College, Midway, KY	Instructor; Classroom and Clinical
1998-2003	Lexington Community College, Lexington, KY	Assistant Professor; Instructor; Classroom and Clinical

Professional Experience & Clinical Practice

Dates	Institution and Location	Title
2017- Present	University of Kentucky College of Nursing	Director of Work-Life Engagement and Student Wellness
2016- Present	University of Kentucky HealthCare- Good Samaritan Hospital	Academic-Clinical Partner for Scholarship
1993-1995	Good Samaritan Hospital Pain Clinic, Lexington, KY	Staff Nurse
1989-1990	Insurance Company, Lexington, KY	Nurse
1986-1987	Caretenders, Lexington, KY	Public Health Nurse
1984-1986	University of Kentucky Medical Center, Lexington, KY	On-Call Pool
1981	Out-Patient Clinic, Lancaster, England	Staff Nurse

1980 (summer)	King's Daughter's Hospital, Ashland, KY	Staff Nurse, NICU
1979-1980	University of Birmingham, Birmingham, England	Staff Nurse, NICU
1978-1979	University of Kentucky Medical Center, Lexington, KY	Primary Care Nurse
1978 (summer)	Camp for Emotionally Disturbed, Poughkeepsie, NY	Head Nurse/Manager of Infirmary Children
1977 (summer)	St. Luke's Hospital, Houston, TX	Summer Internship
1976-1978	University of Kentucky, Lexington, KY	Nursing Student Assistant

HONORS AND AWARDS

2022	Excellence in Support of the College of Nursing Award Mental Health and Wellness
2020	High Merit Performance Distinction, College of Nursing, University of Kentucky
2019	High Merit Performance Distinction, College of Nursing, University of Kentucky
2019	Inaugural Board Co-Chair Recognition: UK New Student Organization of the Year - MINDS (Mindfulness in Newly Developing Students of Healthcare) Program
2018	Dean's PUMA Award in Excellence Shepherding Mental Health and Wellness
2018	High Merit Performance Distinction, College of Nursing, University of Kentucky
2014-2015	Presentation U Faculty Fellows (Selective Process)
2014	High Merit Performance Distinction, College of Nursing, University of Kentucky
2003	Inducted into Sigma Theta Tau International Honor Society of Nursing, Delta Psi Chapter

GRANTS FUNDED

July 1, 2022 – June 30, 2024	BH WELL Enhancing Tobacco Treatment in Community Mental Health Centers. Kentucky Department for Public Health Tobacco Prevention and Cessation Program. PI: Zim Okoli, \$617,308, Role: Co-Investigator
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Sept 30, 2021 – Sept 30, 2022	School Nurses to the BARN (Bring Action Right Now) Camp for the Mental Health and Wellness of Kentucky Youth. Robert Wood Johnson Foundation; PI: Janie Heath, \$50,000, Role: Co-Investigator
Sept 9, 2021-Sept 29, 2024	Substance Abuse and Mental Health Services Administration, University of Kentucky: Connecting and Networking for Suicide Prevention. PI: Julie Cerel \$306,000 Role: Co-Investigator
Oct 5, 2020- Sept 30, 2021	Robert Wood Johnson Foundation & AARP – Nursing Innovation Award for Kentucky Partners - Kentucky Partners to the BARN (Bringing Awareness Right Now) Program for a Farmer Dinner Theater Addressing Mental Health. PI: Janie Heath, \$50,000. Role: Co-Investigator
Feb 1, 2020 – August 1, 2021	University of Kentucky Women & Philanthropy, hCATS to the BARN for Student Mental Health and Wellness, Role: Co-PI, \$28,425.
Feb 1, 2019 – August 15, 2019	University of Kentucky Women & Philanthropy, hCATS to CPR Camp: Cultivating Practices for Resilience, Role: Co-PI, \$41,334.
May 1, 2016 – Dec. 31, 2017	University of Kentucky Med/Vet to BSN Option Peer Mentoring Faculty Grant, Health Resources and Services Administration #1 UF1HP28041-01-02. PI: Frances Hardin-Fanning, Grant Innovative, \$1800. Role: Co-Investigator
May 1, 2016 – April 30, 2017	University of Kentucky eLearning Innovation Initiative (eLII), \$6000. Role: Recipient
July 1, 2014 – June 30, 2019	Health Resources and Services Administration, University of Kentucky Nursing MedVet to BSN Option. PI: Frances Hardin-Fanning. Role: Co-Investigator
July 1, 2014 - June 30, 2017	University of Kentucky College of Nursing MedVet to BSN Option, Role: Co: PI, Health Resources and Services Administration, \$627,041.00. Role: Co-Investigator

PUBLICATIONS

Journal Articles (*Data-based publications)

Peer-Reviewed

Okoli, C., Brouwer, K. R., & Walmsley, L. A. (9900). Using the Health Belief Model to Examine Adherence to Preventive Measures Among Nursing Students During COVID-19: A Cross-

Sectional Analysis. *Nursing Education Perspectives*, 10.1097/1001.NEP.0000000000000987.
<https://doi.org/10.1097/01.Nep.0000000000000987>

Walmsley, L.A., & Heath, J. (in review). Cultivating Practices of Resilience for Nursing Students. In J.F. Giddens (Ed) 4th Edition. *Concepts in Nursing Practice*. Evolve-Elsevier.

Heath, J., **Walmsley, L.A.**, Braido, C., Brouwer, K., Thaxton-Wiggins, A., Butler, K.M. Cultivating practices for resilience (CPR) with baccalaureate nursing students: A pilot study. *Perspectives in Psychiatric Care*.

Okoli, C.T.C., Brouwer, K.R., & **Walmsley, L.A.** (in press). Using the Health Belief Model to examine adherence to preventive measures during COVID-19 among nursing students: A cross-sectional analysis, *Nurse Education Perspectives*.

Brouwer, K.R., **Walmsley, L.A.**, Parrish, E., McCubbin, A., Welsh, J.D., Braido, C., Okoli, C.T.C (2021). Examining the associations between self-care practices and psychological distress among nursing students during the COVID-19 pandemic, *Nurse Education Today*.

Walmsley, L.A., Brouwer, K., Braido, C., Parrish, E., Okoli, C.T., (submitted March 22nd, 2021)."Evaluating a 'Check-in Care' campaign for nursing students during the COVID-19 pandemic" (JNE-2021-234), *Journal of Nursing Education*.

Heath, J., **Walmsley, L. A.**, Aker, R. M., Ferrin, S., Stone, D., & Norton, J. C. (2020). CPR to the Rescue!: An Interprofessional Pilot Program: Cultivating Practices for Resilience (CPR) Camp. *Clinical Nurse Specialist*, 34(2), 63-69.

Brockopp, D., Moe, K., **Walmsley, L.**, Davis, J., Butler, K., Diebold, C. & Maiti, S. (2009). Evaluating second- degree students' academic performance, abilities and satisfaction: A pilot project. *Nursing Education Perspectives*.

PRESENTATIONS

Peer-Reviewed

International

Walmsley, L.A., Brouwer, K., Okoli, C.T.C. (November, 2021). Preventative Practices to Improve the Mental Health of Nursing Students During the COVID-19 Pandemic. 46th Biennial Convention, Sigma Theta Tau International Honor Society of Nursing, Indianapolis, Indiana, USA.

Brockopp, D., **Walmsley, L.**, Moe, K., Dampier, L. & Hensley, V. (2007, July). *Identity Maps: A Strategy to Enhance the Success of Second-Degree Students*. 18th International Nursing Research Congress Focusing on Evidence-Based Practice, Vienna, Austria.

Warden, S., Ghaelian, B., **Walmsley, L.**, Raymer, S., Brockopp, D. (2007, July). *Success in Nursing Education: Improving the Teaching/Learning Process for Faculty and International Students*. 18th International Nursing Research Congress Focusing on Evidence-Based Practice, Vienna, Austria.

Walmsley, L., Moe, K., Brockopp, D., & Davis, J. (2006). *Educating the educated: Development and evaluation of a second-degree option*. Paper presented at 17th International Nursing Research Congress on Evidence-Based Practice, Montreal, Canada.

Butler, K., Diebold, C., **Walmsley, L.**, Moe, K., & Brockopp, D. (2006). *Use of the learning and study strategies inventory (LASSI) in a second-degree nursing program*. Paper presented at 12th Annual International Participative Conference, Education in Healthcare, University of Durham, England.

Brockopp, D., **Walmsley, L.**, & Wagner, K. (2005). *Educating the educated*. Paper presented at annual Nurse Education Tomorrow: Networking for Education in Healthcare Conference, Durham, England.

National

Welsh, D., Grubbs, A.B., **Walmsley, L.A.**, Butler, K.M., Burkhart, P.V., & Hardin-Fanning, F. (April, 2016). *Serving those who served: The MedVet to BSN educational option*. Sigma Theta Tau International and National League for Nursing's Nursing Education Research Conference 2016. Bethesda, Washington, D.C.

Walmsley, L.A., & Dekker, R.L., (April, 2016). *The psychological well-being of men diagnosed with prostate cancer*. 31st Annual Southern Nursing Research Society Conference, February 22-25, InterContinental Dallas, Dallas, TX.

Regional/Local

Walmsley, L.A., Weddle, L. (July 18-19, 2022). *Mental Health First Aid USA*, Bellarmine University, Louisville, KY.

Walmsley, L.A., Brouwer, K. (May, 2022). *Three Reasons Why Student Wellness is Important*. 17th Annual UK College of Nursing Faculty Development Workshop, Lexington, Kentucky.

Marfell, J., **Walmsley, L. A.**, Norrod, P. (2022) *Nurse Suicide Prevention Training, Let's Start the Conversation – How to ask Someone About Suicide*. Kentucky Nurses Association, Curriculum.

Walmsley, L.A., Marfell, J.A. (April, 2022) “*QPR Gatekeeper Training*” – *Suicide Prevention and Cultivating Practices of Resilience Through Practice of Mindfulness*. School Nurses to BARN Camp for the Mental Health and Wellness of Kentucky Youth Program.

Walmsley, L.A. (March, 2022) “*The Science Behind Gratitude*” – *Cultivating Practices of Resilience Through Practice of Mindfulness*. Big Ten /National Wellness Action Alliance Wellness Wednesday Webinar Series.

- Walmsley, L.A.** (March, 2022) *“Motivational Interviewing and Behavioral Counseling for Those With A Mental Illness: Skills to Enhance Therapeutic Engagement.”* BH Well Webinar Series.
- Walmsley, L.A., Marfell, J.A.** (May, 2021) *“QPR Gatekeeper Training” – Suicide Prevention.* Kentucky Nurses Association. Webinar 1.8 contact hours.
- Walmsley, L.A., Marfell, J.A., Norrod, P.** (June, 2021). *“QPR Gatekeeper Training” – Suicide Prevention.* Kentucky Partners to the BARN (Bringing Awareness Right Now) Program for a Farmer Dinner Theater Addressing Mental Health, Russellville, Kentucky.
- Walmsley, L.A., Marfell, J.A., Norrod, P.** (December, 2021). *“QPR Gatekeeper Training” – Suicide Prevention.* Kentucky Partners to the BARN (Bringing Awareness Right Now) Program for a Farmer Dinner Theater Addressing Mental Health, Owensboro, Kentucky.
- Walmsley, L.A., Brouwer, K.R.** (November, 2020) *Improving Resiliency through Mindfulness Practices in Professional Healthcare Students and Faculty.* Podium Presentation, 2020 Kentucky, Nurses Association Annual Conference, Virtual.
- Walmsley, L.A., Brouwer, K.R.** (January, 2020) *Introduction to Mindfulness for Preventing Burnout in Professional Healthcare Students.* Podium Presentation, UK College of Nursing Faculty Retreat.
- Walmsley, L.A., Brouwer, K. R.,** (February, 2020). *Introduction to Mindfulness for Preventing Burnout in College Students.* Podium Presentation, UK Phi Mu Sorority, Lexington, KY
- Walmsley, L.A., Brouwer, K.R.** (December, 2019) *Introduction to Mindfulness for Preventing Burnout in Professional Healthcare Students.* Podium Presentation, UK College of Nursing Deans Advisory Board
- Walmsley, L.A., Schmidt, Z., Heath, J.** (2019, November). *Advancing a Culture for Moral and Ethical Nursing Practice to prevent Burnout and Promote Resilience.* Poster presentation at Kentucky Nurses Association Summit; Erlanger, KY
- Ferrin, S., **Walmsley, L.A., Potter, J., Brouwer, K.** (2019, October). *Cultivating Practices in Resilience Camp: Training Emerging Student Leaders.* Poster presented at: 2019 Collaborating Across Borders Conference, October, 2019; Indianapolis, IN.
- Kinder, S., Carroll, S., Kirk, S., Clark, T., **Walmsley, L.A.,** Sekhon, K., Rainwater, A. *Scrub for Patient Safety: Implementing a Nurse-Patient Partnership to Achieve Hand Hygiene Compliance.* Poster presented at UK Health Care Nursing Research Papers Day 2019, , October, 2019, Lexington, KY.
- Kinder, S., Carroll, S., Kirk, T., Clark, **Walmsley, L.A.** *Quality Improvement Project: Enhanced RN to Nursing Care Technician Communication.* Poster presented at UK HealthCare. Good Samaritan Acute Care Council, 2017, Lexington, KY.

Dotson, S., **Walmsley, L.A.** Interprofessional Teamwork Innovation Model (ITIM) Inspired by Project BOOST. Poster presented at 2017 KONL Conference.

Walmsley, L.A., & Dekker, R.L., (April, 2016). *The psychological well-being of men diagnosed with prostate cancer*. KNA Convention 2016: Cutting Edge: Innovations in Nursing, Thursday, Poster, November 3, 2016, Louisville, KY.

Walmsley, L.A., & Dekker, R.L., (April, 2016). *The psychological well-being of men diagnosed with prostate cancer*. 11th Annual UK Center for clinical and Translational Science Spring Conference, Personalized Health, Podium, Thursday, April 21, 2016, Lexington Convention Center, KY.

Media Interviews / Opinion Editorials

Marfell, J., Norrod, P., **Walmsley, L.A.** (2022) Nurse Suicide Prevention: Lexington Herald Leader, Lexington, KY, May 26, 2022, <https://www.kentucky.com/opinion/op-ed/article261820860.html> ; The Sentinel Echo, London, KY, May 26, 2022, https://www.sentinel-echo.com/opinion/columns/guest-column-may-is-nurses-month-and-kentucky-nurse-suicide-prevention-month-read-more-help/article_eef20c9-8254-536d-8a32-b5be541557d6.html; The State Journal, Frankfort, KY, May 27, 2022 https://www.state-journal.com/opinion/guest-columnists-may-is-kentucky-nurse-suicide-prevention-month/article_f0b05f58-dc1d-11ec-b41d-7390891cbebb.html

PROFESSIONAL MEMBERSHIPS

2022	Black Nurses Association
2020	American Psychiatric Nurses Association
2019	Kentucky Nurses Action Coalition
2016	Southern Nursing Research Association
2016	Kentucky Academy of Science
2004-Present	American Education Research Association
2004-Present	Kentucky Psychological Association <ul style="list-style-type: none">• Division 51
	National League for Nursing
2003-Present	Sigma Theta Tau International Honor Society of Nursing, Delta Psi Chapter
1980-Present	Alumni Association, University of Kentucky
1980-Present	Alumni Association, University of Kentucky College of Nursing
1980-Present	American Nurses Association
1980-Present	Kentucky Nurses Association

ACADEMIC SERVICE

2021-2022	Big Ten National Wellness Action Alliance Member
2020 - 2021	Dean's Task Force Advancing Equity and Social Justice Member

2020	Journal Reviewer, Perspectives in Psychiatric Care
2019	Fellow of the Center for Interprofessional Health Education Executive Board Member MINDS (student organization) Military Liaison
2018 – present	BARN (Bring Awareness Right Now) for Student Mental Health Committee, Chair
2016 – present	Associate of the Center for Interprofessional Health Education IPE T3 Co-Rounding Project Committee-member Authentic Clinical Interprofessional Education Workgroup- Member
2015	Undergraduate Student Admission & Progression Committee – Chair
2015 - present	IPE – Leadership Legacy Co-Coordinator for UKCON
2015 - present	Promoting Relationships in Nursing (PRN) –faculty advisor
2015 - present	Simulations Committee – member
2012-2014	Undergraduate Student Admission & Progression Committee – member
2007	Delta Psi Program Chair
2004 - present	Undergraduate Program Committee – member
2004-2013	Academic Advisor to Second Degree Students
2004-present	Second-Degree Student Admissions – Interviewer University of Kentucky
2013-present	iCATS (Interprofessional Education Core Curriculum) – Facilitator

CONTINUING EDUCATION

2022	Mental Health First Aid Trainer Course, May, 2022-2023
2022	Imagine Mindfulness-Based Stress Reduction Mindfulness (MBSR) Course January – February, 8 weeks
2021	Koru Trauma Informed Training, 8.5 CEU, October
2021	CAMS, Suicide Prevention Training, 8.0 CEU September
2020	Motivational Interviewing, APNA eLearning Center, 3.0 CEU, October.
2020	American Psychiatric Nurses Association National 34 th Conference, <i>Psychiatric-Mental Health Nurses; Proud Partners in the Journey to Whole Health</i> , September 30-October 4, Virtual
2020	QPR Gatekeeper Instructor Certification Program, August 27, 2020-2023
2019	Koru Mindfulness Teacher Certification Program, Durham, NC
2018	Prana Institute Three Day Silence Meditation and Yoga Retreat, August 3-5, Marshall, NC
2018	Mindfulness-Based Stress Reduction Palouse Mindfulness MBSR Course, May, Online Course
2018	Mindfulness-Based Stress Reduction (MBSR), UK Health and Wellness Program, April, Lexington, KY

- 2017 University of Kentucky, Chairs' Academy, August – December, Lexington, KY
- 2017 eLearning Innovation Initiative, Faculty Development Program. University of Kentucky, Lexington, KY
- 2016 Diversity, Learning, and Student Success: Shifting Paradigms and Challenging Mindsets, March 17-19, Philadelphia, PA
- 2016 Clinical Nurse Leader (CNL) Summit. The Clinical Nurse Leader: Elevating Care, Lowering Costs, & Driving Change, *American Association of Colleges of Nursing*, January 14-16, Long Beach CA
- 2015 Interprofessional Education Faculty Development for Educators, November 11-14, University of Virginia, Schools of Nursing and Medicine, Charlottesville, VA
- 2015 - 2021 Annual Faculty Development Workshop: Challenges in Clinical Teaching and Evaluation, College of Nursing Continuing Education, University of Kentucky, Lexington, KY